

Psychotherapy Credentials

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In Colorado, the practice of licensed or registered persons in the field of psychotherapy is regulated by the ***Mental Health Licensing Section*** of the ***Division of Registrations***. The Board of Licensed Professional Counselors can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.

There are a many types of psychotherapists that are allowed to practice psychotherapy in the state of Colorado. Each type other than a Registered Psychotherapist is required to meet its own set of criteria in order to become and stay certified or licensed, as follows:

- A ***Registered Psychotherapist*** is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
- A ***Certified Addiction Counselor I (CAC I)*** must be a high school graduate, complete required training hours and 1,000 hours of supervised experience.
- A ***Certified Addiction Counselor II (CAC II)*** must complete additional required training hours and 2,000 hours of supervised experience.
- A ***Certified Addiction Counselor III (CAC III)*** must have a bachelors degree in behavioral health, complete additional required training hours and 2,000 hours of supervised experience .
- A ***Licensed Addiction Counselor (LAC)*** must have a clinical masters degree and meet the CAC III requirements.
- A ***Licensed Social Worker (LSW)*** must hold a masters degree in social work.
- A ***Psychologist Candidate***, a ***Marriage and Family Therapist Candidate (MFTC)***, and a ***Licensed Professional Counselor Candidate (LPCC)*** must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- A ***Licensed Clinical Social Worker (LCSW)***, a ***Licensed Marriage and Family Therapist LMFT)***, and a ***Licensed Professional Counselor (LPC)*** must hold a masters degree in their profession and have two years of post-masters supervision .
- A ***Licensed Psychologist*** must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

I am a ***Licensed Professional Counselor (LPC)***. To obtain that license, I completed a Masters Degree in Counseling and Human Services at the University of Colorado at Colorado Springs. This program included a two-semester supervised internship which I completed at Franciscan Community Counseling (FCC), also in Colorado Springs. I then continued as a volunteer therapist at FCC under the supervision of Charles Knoeckel, LPC for an additional 2000 hours. I also passed the National Counseling Exam (NCE), through the National Board of Certified Counselors (NBCC). To maintain this license, I must complete ___ hours of continuing education or related activities every two years, and pay a fee.

I am a ***National Certified Counselor (NCC)***, which I initially acquired by completing the Masters Degree mentioned above, and passing the NCE. To maintain this credential, I must complete 100 hours of continuing education every five years, and pay a fee every year.

I am a ***Certified EMDR Therapist***. I earned this certification by completing my Masters Degree and two years of independent practice as an LPC, completing a forty-hour EMDR training program, conducting over fifty clinical sessions in which EMDR was utilized, receiving twenty hours of consultation in EMDR by an Approved Consultant (in this case, John Hartung, PsyD), completing twelve hours of continuing education in EMDR, maintaining my membership in the International Association of EMDR (EMDRIA), and paying a fee. To maintain this credential, I must complete twelve hours of continuing education in EMDR every two years, maintain my membership in EMDRIA, and pay a fee every two years.

I am an ***EMDRIA Approved Consultant***. I earned this credential by becoming a Certified EMDR Therapist, having three years experience with EMDR after completing my EMDR training, conducting over 300 clinical sessions in which EMDR was utilized, receiving twenty hours of consultation-of-consultation from an EMDRIA Approved Consultant (meaning I provided consultation in EMDR to other therapists under the observation of an Approved Consultant, in this case, John Hartung, PsyD), completing twelve hours of continuing education in EMDR, and paying a fee . To maintain this credential, I must maintain my membership and Certification with EMDRIA, complete twelve hours of continuing education in EMDR every two years, and pay an additional fee every two years.